

# Senior Army Instructor's Report

San Diego High School  
Junior Reserve Officer Training Corps

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## *The Start of a Great Year* Caver JROTC Off and Running

JROTC Cadets got to work right away when school started. Our first support event was on the first Friday of the school year—providing a Color Guard and Side-Line Crew for the first Home Football game. It didn't faze the Caver Cadets though - they are used to accomplishing the impossible!



Caver JROTC has provided expert Color Guards since it originated in 1919, so they know what they are doing. In fact, when the JROTC Joint Brigade needs a Color Guard, Caver JROTC is the battalion they contact! And why not? Caver JROTC is the recipient of the

prestigious "Stillwell Trophy", awarded to the best battalion in the brigade.

We started out fast and the pace hasn't let up. Since school began, the Caver Battalion has supported two different community service events, led the San Diego High Homecoming Parade, participated in the annual Joint Brigade Cadet Picnic, provided three Color Guards, and performed countless hours of practice and planning. That was just the first month and a half!

Within the next month we will support another football game, the Alumni Open House, hold a promotion test, compete in the Brigade Academic League, conduct Fitness Gram testing, and begin a Food Drive Service Learning Project. Caver Cadets get things done!

*"It didn't faze the Caver Cadets though - they are used to accomplishing the impossible!"*

## *Caver JROTC* *Supporting San* *Diego High*

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Caver JROTC Cadets support their school every day. Cadets render Honors to the Nation daily on behalf of the San Diego High Educational Complex. Twice a day, Cadet volunteers raise and lower the U.S. and California flags. When it starts to rain, Cadets scramble to lower our beloved Colors!



San Diego High also counts on JROTC Cadet support for Side-Line Crews at home football games, the Alumni Open House, the San Diego High Open House, and many other tasks. Caver JROTC Cadets love to serve!

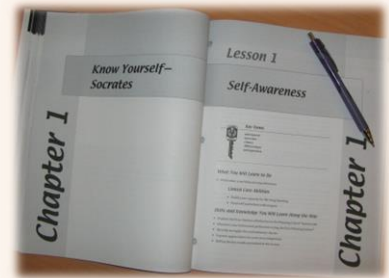
## What does Caver JROTC Do?

### Motivating Young People to be Better Citizens Since 1919

Army JROTC exists to provide opportunities for our young adults to focus on skills needed for graduation, qualifying for college, and entering the work force. JROTC conducts four types of instruction: Physical Education, Inspection and Drill, Academics, and Leadership Lab.



Cadets perform Physical Education two days a week. PE consists of aerobic and strength-building exercises that help Cadets meet required Fitnessgram testing.



Inspection and Drill is conducted once a week. Cadets wear their uniforms and learn self-confidence, personal pride, esprit de corps, and the mastery of specific

tasks. Academics are provided twice a week with a variety of classes that include Civics, First Aid, Health, Self-Improvement, and Citizenship.

Cadets work together in teams after school during Leadership Lab. In fact, JROTC is one of the few programs that offers after-school activities. The Caver Battalion Staff review previous operations while planning upcoming events. The Drill, Color Guard, and Fancy Drill Teams practice and master the finer points of their craft. First Year Cadets gain experience on the basics of drill, with some focusing on First Year Color Guard try-outs. Cadets do all this while enjoying the camaraderie of their friends who share the same values of loyalty, duty, respect, selfless service, honor, integrity and personal courage.



Caver JROTC Cadets graduate high school with a plan and the skills to succeed in life. Many continue on to college. A few join the military services. Others learn vocational skills. All are taught the skills required for success and to be productive citizens. That is what JROTC is all about! Providing young adults an environment and tools to achieve success!

## Caver JROTC History

### Oldest JROTC in the County

Caver JROTC was formed at San Diego High School on February 1<sup>st</sup>, 1919 by Captain Walter Frantz with over 100 male Cadets. It is one of the original 30 ROTC units in the nation. Female students were authorized to join JROTC in 1972.



Today, Caver JROTC has 136 Cadets and over 45% are female. While Caver JROTC still conducts drill, it no longer conducts combat training, trains with firearms, or actively encourages military enlistments.